

Why Healthy Homes Matter



Turn to the experts



As we spend more time at home than ever before, it is imperative that we work together toward healthier living and working spaces. Our homes have become the new office, classroom, gym and restaurant, elevating the importance of indoor air quality (IAQ). Carrier offers a full arsenal of IAQ products that provide solutions to help improve the air we breathe.

Did You Know...

- Americans spend an average of 90% of their time indoors where concentrations of some pollutants are often 2 to 5 times higher than outside air.⁴
- According to AirAdvice, more than 90% of all homes have at least one indoor air quality problem.²
- The Environmental Protection Agency (EPA) has recognized that indoor air pollution is a very real problem and ranked it among the top environmental dangers facing the public.⁵
- Air pollution, whether indoors or outdoors, is associated with several human health effects, including heart attacks, asthma attacks, bronchitis, hospital and emergency room visits, work and school days lost, restricted activity days, respiratory symptoms, and premature mortality.⁶
- Volatile organic compounds (VOCs), such as air fresheners and cleaning supplies, irritate the eyes, nose and throat, and cause headaches, nausea, and can even damage the liver, kidneys and central nervous system.⁷
- Molds are living things that produce spores that float in the air, land on damp surfaces and grow. Inhaling or touching molds can cause sneezing, runny nose, red eyes and skin rashes. Molds can also trigger asthma attacks.⁷
- The average person takes between 17,280 and 23,040 breaths a day – healthier air in the home is a necessity.⁸

Carrier Offers Solutions

Carrier offers a suite of indoor air quality products that provide healthy home solutions for you and your family.